

# Public Health Volunteer Cue Card

## Helping with safe shopping for those self-isolating

If the self-isolator does online banking they can pay the 'shopper' by BACS for them doing their shopping:

1. Self-isolator phones 'shopper' or posts a shopping list on street social media page
2. The shopper phones the self-isolator and agrees a ceiling figure for the cost of the groceries
3. The shopper purchases the shopping up to agreed limit and asks for two receipts
4. The shopping is left on the self-isolator's doorstep by the shopper with one of the receipts and their sort code and bank account number
5. The self-isolator pays the amount noted on the receipt via BACS transfer to the shopper

If your local shop can take 'over the phone' payments here is another way:

1. Self-isolator phones the 'shopper' with a shopping list or posts it on social media
2. The 'shopper' phones the 'self-isolator' and agrees a ceiling figure for the cost of the groceries
3. The shopper picks up the shopping from the local store shelves and goes to check-out
4. The shopper phones self-isolator at home and hands phone over to check-out.
5. Self-isolator gives card details for 'over the phone' payment to check-out
6. Shopper leaves shopping on doorstep with receipts.

### 4 Golden Rules for a Safe Drop-off

1. On arrival put on a facemask (if available) & either spray your hands with gel or put on a pair of disposable gloves (if available) before getting out of the vehicle
2. Place the items to be delivered on the doorstep before ringing the bell or knocking on the door & take at least 3 steps back
3. Having returned to your vehicle, dispose of your gloves in a bin liner not to be treated as medical waste and treat your hands with gel again
4. When you have finished your rounds, and before eating and drinking, thoroughly wash your hands with hot water and soap for 20 seconds and safely dispose of your facemask (if you have one)

*"Don't share bank PIN numbers or bank cards with each other and avoid cash. Be wary of strangers asking for money up front. If you notice suspicious activity dial 101"*



### Vulnerable persons doorstep check:

- Work in buddy pairs if not delivering to your street
- Have they got enough food?
- Are they warm/cool enough?
- Are friends and family helping them?
- Do they have enough medicines to last over the next few days?

